



Lauren G. Gamel Principal

St. Louis, MO

314-854-8605 | lgg@carmodymacdonald.com

Education

Saint Louis University
School of Law, St. Louis,
MO., J.D., May 2016;

- Editor, Saint Louis University Law Journal
- Dean's List
- Dean's Honor Scholarship

Saint Louis University, St. Louis, MO., B.A. in English, Spanish, International Studies; Pre-law Scholar, 2012

Admissions

- Missouri
- Illinois
- United States District Court for the Eastern District of Missouri

Lauren concentrates her practice in civil litigation with an emphasis on business litigation and employment law. She provides counseling, investigation, and representation to businesses and individuals navigating a wide range of employment-related matters, including discrimination, harassment, retaliation, accommodations, termination, wage and hour issues, trade secrets, restrictive covenants, unfair competition, and contract disputes. In addition to employment litigation, Lauren assists clients with commercial and real estate disputes and has successfully represented clients in front of state and federal courts in Missouri and Illinois, as well as administrative agencies.

Practice Areas

- Business Law
- Employment Law
- Litigation
- Real Estate
- Trusts and Estates Litigation

Awards & Recognition

- Best Lawyers: Ones To Watch (2026)
 - Commercial Litigation
 - Litigation - Labor and Employment
 - Litigation - Trusts and Estates
- Super Lawyers
 - Missouri & Kansas Rising Stars (2023-present)

Professional & Community Involvement

- Missouri Bar Association
- Missouri Bar Association of Metropolitan St. Louis (BAMSL)